



Prayer Hands

- i. Fold your card in half.
- ii. Put your hand alongside the fold, palm facing up.
- iii. Draw round your hand.
- iv. Cut round your drawn hand but not the side of the fold.
- v. The card should open as 2 hands joined together, outstretched.
- vi. On one hand write. TO GIVE. On the other write... TO RECEIVE.
- vii. These hands are your hands ready to give and receive.
- viii. Decorate as desired.
- ix. On the back of the hands you can write 2 short prayers ..ideas include.

Dear God. Thank you for my food...Help me to be grateful for it.. Amen.

Dear God. Thank you for my family and friends ..Help me to be kind and generous to them. Amen.

A prayer about Jesus

Jesus' hands were kind hands
Doing good to all.
Healing pain and sickness
Blessing children small.
Washing tired feet
And saving those who fall;
Jesus' hands were kind hands
Doing good to all.

Take my hands, Lord Jesus
Let them work for you.
Make them strong and gentle.
Kind in all I do.
Let me watch you Jesus,
Till I'm gentle too,
Till my hands are kind hands,
Quick to work for you.

