



# WEALD VIEWS

## In the Three Suttons

September 2020

50p

### VJ Day remembered at Chart Sutton

Despite the fact that Coronavirus stopped us from having a big gathering to mark the 75th anniversary of V.J. Day, the event was still marked in a very meaningful way. Many thanks to Mike Fitzgerald for organising this.



# East Sutton Church



## *New Beginnings*

**27th September @ 11.30**  
**East Sutton Special Service**

St Peter & St  
 East Sutton  
 East Sutton,  
 Kent ME17 3DE

Paul,  
 Road,



### CHURCH OFFICERS OF:

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SUTTON VALENCE**

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 Benefice website: **www.handschurches.org**

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 Mr S. Pereira  
**01622 843146**

Mrs N. Worsfold  
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 Mrs J Ireland  
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Mr G. James  
**01622 842681**

### Captain of Bells

Mr N. Hodgson  
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# CLERGY LETTER

Dear Friends

As you all know very well, it has been 6 months since we were able to send a parish magazine to print – have you missed us? You will also be very much aware that a lot has happened in this time and that many people have seen their lives change dramatically. It is not something that anyone would have wanted, and it certainly isn't something that we want to see a return to. We are also very much aware that the virus is still around so we have to take care in order to avoid any future flare ups.

However, I think that we can also agree that this very dark cloud has also had a silver lining, we have seen parents spending more time with their children – enjoying the simple things like a walk in the countryside, making cakes or gardening. We have also seen the way that people have come together to help each other, they have also been far more appreciative of the hard work and dedication of medical staff up and down the country as well as all of our other key workers who have continued to ensure that life is as “normal” as possible. It has definitely been a time when many



people have been forced to step back from working long and stressful hours at an office in London (or wherever) and embrace working from home – which has often meant that they have more time to relax at the end of the day as they don't have to spend hours travelling.

Yes, things have certainly been different and I wonder if we will ever return to what we previously thought of as “normality”? To be honest, I hope not. Instead I hope that we can remember to hang on to the “silver lining in the covid cloud” and make it part of the new normal.

Life has also seen many changes for our Churches – you will know that for nearly 5 months we were not able to meet together to worship – and now that we can, well it is a bit different – everyone has to sit 2 metres apart, wear masks and refrain from singing hymns – it's still good to get back on a Sunday though. But that doesn't mean that I have taken the last few months off – far from it. Many of you will know that Graham and I, plus numerous other clergy families around the world, have

Continued on next page....

had to get to grips with modern technology in order to stream services and thoughts for the day so that they can be watched by folk in the comfort of their own homes – and we know they are, folk are tuning in literally all over the world! Which means that this too will be part of the “new norm”.



I know that lots of you planted Sunflower seeds as part of our #seedsofhope initiative and it is so good to see so many of them blooming all around the villages. They are a real testament to the positive attitude that folk had at the time and their genuine belief that we would get through all of this that people were feeling when they first planted their seeds. I hope that this attitude of positivity will also be part of the “new Norm”.

As we travelled through the lock down, I was also very much aware of the greatly increased number of people who were turning to God in this hour of need. Over 1000 people watched the live stream on Facebook of the walk of witness through Headcorn High Street on Good Friday, over 500 people watched the Service of First Light streamed live from my back Garden after it got dark on Easter Eve, while our number of Facebook followers has increased by over 30% and website traffic has also increased enormously. I believe that God has been there helping and supporting all those who have turned to him throughout this time and I pray that continuing to acknowledge him and turn to him will continue to be the “new norm” for everyone.

With Blessings for a happy and healthy September.

## WEALD VIEWS

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The final deadline for the submission of material is the 14th of the preceding month. Acceptable formats for articles are MS Word, MS Publisher or text files. PDF files can sometimes be used, but as their proportions cannot be altered without distortion, they can't always be used. Suitable picture formats include: Jpeg, BMP, PNG, GIF, etc.

## *Registers:*

### **Wedding**

2nd August at East Sutton Church - Nicholas Bell & Llsa George



### **Services for September**

- ◆ **6th Sept @ 6pm - Chart Sutton Evensong**
- ◆ **13th September @ 6pm - East Sutton - Evensong**
- ◆ **20th September @ 10am—Sutton Valence—Holy Communion**  
**6pm - Chart Sutton - Evensong**
- ◆ **27th September @ 11.30 - East Sutton - 11.30 Special**

Services at Headcorn will take place weekly at 10am and will alternate between Morning Worship and Holy Communion - please check website or Facebook for more details.

It is hoped to live stream as many of our services as possible with some being uploaded to our Youtube channel where they can be easily accessed at any time.



### **23<sup>rd</sup> September: When the sun goes edgewise – and daytime equals night**

23<sup>rd</sup> September is the autumnal equinox (if you live in the northern hemisphere) or the vernal (Spring) equinox (if you live in the southern hemisphere). The equinoxes occur in March and September, when the Sun is 'edgewise' to the Earth's axis of rotation, so that everywhere on earth has twelve hours of daylight and twelve hours of darkness.

# Sutton Valence Music Society

## On Line Live Performances

**Friday 11th September 2020 at 7:30 pm**

Leo Popplewell - Cello

Antonina Suhanova - Piano

Beethoven: 12 Variations on 'Ein Mädchen oder Weibchen' from 'Die Zauberflöte' op. 66

Schumann: Fünf Stücke im Volkston

Nadia Boulanger: Trois Pièces

Rachmaninoff : 'Sonata' op.19



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Sutton Valence Music Society, founded in 1973, normally offers concerts each year between September and March. These are held in the Music School of Sutton Valence School. Groves Hall is an acoustically designed music room providing a setting both intimate and friendly in which to enjoy performances given by young award winning musicians.

This season, because of the COVID pandemic, we have decided to organise on line concerts. The musicians will perform live at Groves Hall in the music school at Sutton Valence School and their concert streamed as they are being performed to our members. We are excited to be able to continue to offer concerts and also support musicians in performing live music in this way.

## *Keith and Jean's Garden Jottings*



Hello everyone at Headcorn and the three Suttons, we hope you are all enjoying your gardens, although we appreciate it is very hot at the moment!

**Spring flowering bulbs** can be planted outdoors now, like daffodils, crocus, hyacinth, iris and muscari. Plant dwarf bulbs in pots to be taken indoors in spring.

**Patio tubs** can be replanted now for winter and spring displays. Choose trailing ivy, small evergreen shrubs and winter pansies.

A few spring bulbs planted under these will grow through to flower next spring.

**Clear away summer bedding** once past its best to make room for winter and spring displays and bulb planting. Lift and pot up any tender perennial plants, like geraniums and any fuchsias that are not hardy, to store in a greenhouse or windowsill over winter.

**Reduce watering pot grow gloxinia** and begonias, so they die down for winter. Store in a dry frost-free place.

**Finish pruning rambler** and climbing

roses, Bush roses should be pruned back by half now and then prune Hybrid T's & floribundas back to 8 inches in February / March. Cut down old stems on perennials.

**Harvest marrows** and winter crops.

**SHRUBS** the general rule is if it flowers in the spring, prune it straight after flowering e.g. Broom. If it flowers later in the summer, leave it until the spring but then cut back harder, e.g. buddleia which can be cut back to within 2 foot from the ground. Old shrubs : prune a third of the branches hard back to

encourage fresh rejuvenation, which will replace the entire shrub over a 3 year period.

**FRUIT** : Plumbs : do not prune in winter, as this can allow in disease. Always prune

plums in summer. Other fruit trees Prune in winter to encourage establishment but when the desired size is reached, prune in summer to keep the tree compact and to get better fruiting.

**Raspberries** : Prune out canes that have fruited this summer to the ground and tie in the other canes to fruit next year. Autumn fruiting varieties should have all canes cut to the ground in FEBRUARY.

Happy gardening and we really hope we can all get together soon.

*Best wishes from Keith and Jean*





## MU's 'Thank You Key Workers' Appeal

The Mothers' Union wants to help families of key workers by offering them a range of free day trips/experiences and short breaks. It is appealing to MU supporters to help make this possible.

As a spokeswoman for MU explains: "There has been an outpouring of compassion and care during the crisis from our hospital workers to our delivery drivers, carers to cleaners and our refuse collectors to bus drivers. But because of their personal sacrifices, quality family time has not always been possible.

"Therefore, we are extending our existing Away from it all Programme (AFIA) to say a special 'thank you' to key workers in these unprecedented times.

"Any donation will help provide a range of day trips/experiences and short breaks for families of key workers, especially for those who have been kept apart or who are on low incomes - families who would generally be unable to have experiences like this."

If you would like to send a donation, go to:

<http://virginmoneygiving.com/fund/mothersunionkeyworkers>

## Ditch the commute?



We may prefer to continue working at home, rather than spend hours commuting each day.

A recent poll has found that a high proportion of workers, who are new to working at home, now want to carry on post-Covid, either entirely at

home, or at least with fewer than five days in the office each week.

It might mean that commuting to work could fall by as much as a fifth, even after the virus is over, according to the poll by Toluna for KEK Consulting.

## Has lockdown damaged your eyesight?

Are you suffering from 'coronavision'? It is perfectly possible.

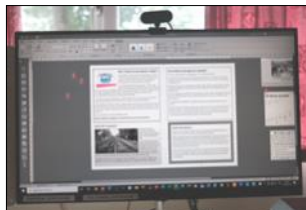
Lockdown led to many of us staring at our television or computer screens for long periods of time. And that could have strained our eyes, warns the College of Optometrists.

By this summer one in five adults in Britain had reported a deterioration in their eyesight. Symptoms include blurred vision, difficulty in focussing, and red or painful eyes.

As one optometrist explained: "Working from home, video calls with friends and family, watching more TV, time spent looking at your phone – all that screen time adds up.

The good news is that this is unlikely to cause any permanent harm to your vision."

Nevertheless, the College urges people to get their eyes checked if they feel on-going discomfort. They also advise that when you are looking at a screen, you rest your eyes every 20 minutes, blink regularly, use eye drops, position your screen below eye level and increase the size of the text.



## Music and memory

Have you ever heard a certain song or tune that immediately takes you back to your youth? It can be a very poignant moment.

When researchers at the University of Westminster examined the choices of 80 different guests on the BBC radio show *Desert Island Discs*, they found that most guests had chosen music which dated back to when they had been between 10 to 30 years old. This time span was identified as a 'self-defining period' in their lives.

The research concluded: "The music we know and love between the ages of 10 to 30 will play a significant role throughout our lives, connecting us as individuals to other people, places and times that become central to our identity."

## I do like to be beside the seaside!

For centuries, many doctors have sent patients to the seaside to recuperate, believing that a bit of seaside air was good for them. Now the government agrees: a day by the coast does indeed have a therapeutic effect on you.

A recent study by the Department for Environment, Food and Rural Affairs has found that people who spend time by the sea reported increased happiness and better general health. They were also more physically active during their visit, compared with visits



to other types of environment.

Rebecca Pow, Parliamentary Under-Secretary of State at the Department for Environment, said spending time by the sea “has a welcome impact on our wellbeing. This makes it all that more important that we take care of our

environment.” In England, we make 271million recreational visits to the sea each year, and more than 22million of us live within five miles of the coast.

There is growing concern in the Government, among campaigners, and among scientists over how coronavirus has sparked an increase in single-use plastics.

Not only are millions of disposable masks and gloves now ‘out there’, but there has been also a huge increase in disposable cutlery, sachets and containers.

One study by UCL estimates that in the UK alone, if every person used a single-use face mask every day for a year, it would create an additional 66,000 tonnes of contaminated waste, and 57,000 tonnes of plastic packaging.

## Now even more plastic!

Two environment ministers, Lord Goldsmith and Rebecca Pow, have said: “We are actively thinking across the Government and NHS whether we

can safely reuse PPE and we are aware of other countries who have begun looking at the potential to decontaminate and reuse it.”

Scientists warn that it could take up to 500 years for polypropylene face masks to degrade. Meanwhile, according to some estimates, 129billion masks and 65billion plastic gloves are being used each month worldwide.

# Are politicians the oldest profession?



A surgeon, an architect and a politician were arguing as to whose profession was the oldest. Said the surgeon: "Eve was made from Adam's rib, and that surely was a surgical operation."

"Maybe," admitted the architect, "but prior to that, order was created out of chaos, and that was an architectural job."

"But," the politician pointed out in triumph, "somebody had to have created the chaos in the first place!"

## Old

Old politicians never die. They just run once too often.

## Straightforward

Admirer to political candidate: Great speech sir! I really like the straightforward way you dodged the issues.

## Public office

If you want to find out what's wrong with a man, elect him to public office.

## Shakes

Politician: a fellow who shakes your hand before the election and shakes you after the election.

## Career

Politics: the career of plundering and blundering. - *Disraeli*

## Needed

What this country needs is fewer people who know what this country needs.

Foraging for wild produce can be done throughout the year but late summer and autumn are possibly when more people engage in it than at other

## September Jottings



legal even though it seems a shame that, once an orchard has been picked, any fruits that have been missed by the pickers must

times of the year. Even so, far fewer people can be seen out foraging in fields and commons and along hedgerows than was the case in days gone by. There are already brambles and damsons to be had and, when rain has made the ground soft enough, the first of this year's mushrooms should not be too difficult to find: like some toadstools they tend to grow in circles – fairy rings. Clusters of hazel nuts are beginning to fall and sweet chestnuts should start falling to the ground next month. Not many hops are grown in the Suttons these days but, if you look in the hedgerows bounding former hop gardens you may find enough to make a small decoration.

As a rule it is legal to forage as long as what you take is for domestic consumption and not for sale. Scrumping, on the other hand, is not

be left to fall to the ground and rot or be eaten by birds.

Long before the dreaded virus had caused us to abandon normality I had indicated that I felt unable to continue mounting local history exhibitions this summer and, because those Saturday mornings at the beginning of each of the six months April to September were enjoyed as social occasions, it was hoped that they would continue in a slightly different form. That, of course, has not been possible this year but life may be sufficiently back to normal next year for those happy occasions to be back in the calendar. What about all the archive material I have accumulated over the years? If anybody is interested in taking care of it and, hopefully, adding to it, please get in touch.

*Michael Beaman*

# Recipe of the month

## Anzac biscuits

I think we all know that some of the worst shortages in our shops at the beginning of lockdown revolved around ingredients for baking as people started to hone their culinary skills and pass them on to their children. Most would have started with a basic sponge cake, but I wonder, how far did you progress? And did anyone make my favourite Anzac biscuits.

They are really easy to make and children find watching the reaction between the bicarb of soda and wet ingredients great fun. They are also very tasty!

### Ingredients

- 85g porridge oat
- 85g desiccated coconut
- 100g plain flour
- 100g caster sugar
- 100g butter

Plus extra butter for greasing

1 tbsp golden syrup

1 tsp bicarbonate of soda



### Method

Heat oven to 180C/fan 160C/gas 4. Put the oats, coconut, flour and sugar in a bowl. Melt the butter in a small pan and stir in the golden syrup. Add the bicarbonate of soda to 2 tbsp boiling water, then stir into the golden syrup and butter mixture.

Make a well in the middle of the dry ingredients and pour in the butter and golden syrup mixture. Stir gently to incorporate the dry ingredients.

Put dessert spoonfuls of the mixture on to buttered baking sheets, about 2.5cm/1in apart to allow room for spreading. Bake in batches for 8-10 mins until golden. Transfer to a wire rack to cool.

# Noticeboard

**100**  
**Club**

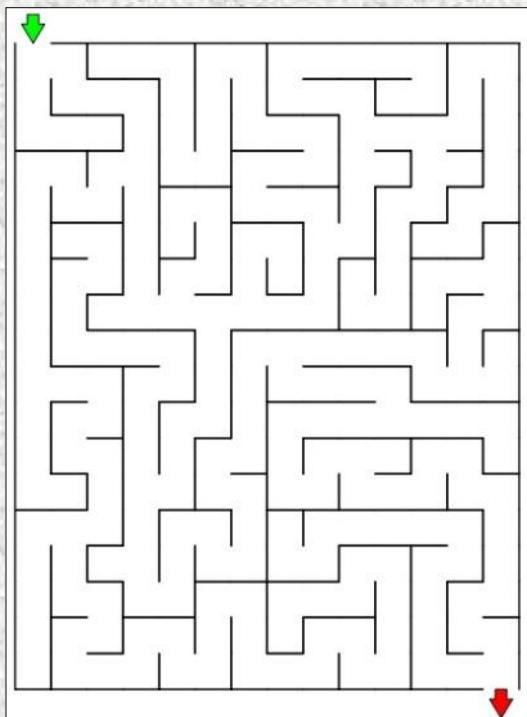
## *St Mary's Monthly Draw*

Winners of the August  
2020 draw

**First Prize - Mr Les Tomsett**

**Second Prize - Mr Lionel Marchant**

**Congratulations!!!**



## Your face mask and your dog



Face masks have been a big adjustment for all of us, but dogs especially may be struggling, warns the animal charity, Dogs Trust.

Dogs use our facial expressions to tell how we are feeling, so if they suddenly encounter people whose faces are covered, they could

become confused, stressed, and even feel threatened. Their confusion may lead to a loss of obedience and cooperation with you.

Here is how to get your dog used to you wearing a face mask:

- Hold your hand over your face for a moment, speak reassuringly to your dog, and then reward him.
- Introduce your dog to your face mask, let him sniff it and let him see you put it up to your face, and then down again. Reward him.
- Put it on for a moment. Reassure and reward him.
- Put it on and move about the room, while reassuring him. Reward him.
- Gradually build up the length of time that you wear the face mask around him. Keep reassuring him. Reward him.

Expect that he may not be so quick to understand and obey you when you are wearing the mask – be patient.

Don't take him into public places where many people are wearing masks, unless you absolutely have to do so. It could be very stressful for him.



Chart Sutton has a small but successful shop in the heart of the village on The Green run entirely by volunteers for the benefit of the community.

It is looking for more volunteers to help run it. It is open between 7am-5pm Mon-Fri and 8am-12noon at the weekend and Bank Holidays. Hours to suit, most volunteers do 2 hour stints. There are some permanent slots available but if you would rather be available for ad hoc covering that is fine as there are times when last minute cover is required.

The volunteers are a great bunch who very much enjoy being part of the community, meeting a wide variety of people. If you are interested in becoming part of this team please call either Valerie on **843232** or Jane on **843743** for an informal chat.

## Sutton Strollers



Join us and enjoy the glorious countryside around The Three Suttons on the 3rd Sunday of the month.

Contact:

Chris ..... **01622 842629**

Graham ..... **01622 745484**

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The Three Suttons  
Helpline has been

### The Three Suttons Helpline

operating as a "good neighbour" scheme for about 20 years to make life easier for those needing to get to medical appointments, but who do not have their own transport or cannot easily be helped by family or friends and for whom public transport is infrequent and not a viable option. This scheme covers the villages and surgeries in Sutton Valence,

Chart Sutton, East Sutton,  
Kingswood and Langley.

If anyone would like to use the scheme, please telephone one of the following numbers: **844301 842530 842346**

If you have any other queries or if you feel that you may like to help, please contact Christine Parkes. ( email:

[christineparkes@hotmail.com](mailto:christineparkes@hotmail.com) or tel. **842217**

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<b>PODIATRY/ CHIROPODY</b>	<b>HEADCORN PODIATRY</b> -Jill McVarish.BSc.pod.M; M.Ch.S & Kirstie Clements BSc(Hons).pod. M;M.Ch.S Andrea Wells BSc.(Hons).pod.M; M.Ch.S & Robert Isaacs BSc ( Hons) .pod. M; M.Ch.S. All members of the Health Professional Council. Please ring 01622 891691 for an appointment at Headcorn Podiatry.
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<b>VEHICLE RECOVERY:</b>	<b>HILLTOP GARAGE</b> Tel 01622 844545

## KCC Community Wardens

Kent County Council Community Wardens are able to assist with any issues or concerns you may have. Wardens can offer support, advice and can refer to many partner agencies to help you. Wardens work closely with Kent Police and can also assist in tackling low-level crime and anti-social behaviour (such as graffiti, littering, fly tipping and vandalism). Wardens encourage communities to work together to build stronger and safer communities.

**Your area warden Dawn Riach-Brown - 07773 397125**

Area supervisor - Janet Greenroyd - 07773 397131





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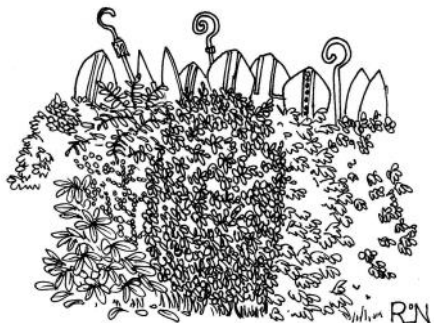


# AROUND THE SUTTONS



## Clubs, Societies and Activities

EAST SUTTON CRICKET CLUB .....	Mr N Edmed	01622 843219
EAST SUTTON COMMUNITY YOUTH THEATRE .....	Mr M Dyer-Ball	01622 844321
EAST SUTTON WHIST DRIVE .....	Mr R Morgan	01622 843955
MOTHERS UNION .....	Mrs G Smith	01622 842530
ROYAL BRITISH LEGION .....	Mr M Fitzgerald	01622 743270
SUTTON SAINTS FOOTBALL CLUB .....	Janet Burnett	01622 844135
SUTTON VALENCE CHORAL SOCIETY .....	Mr A Hutchinson	01622 843325
SUTTON VALENCE GARDENERS ASSOCIATION .....	Mr D.Gallafant	01622 842439
SUTTON VALENCE HOCKEY CLUB .....	Mr L Davies	01622 844046
SUTTON VALENCE KARATE CLUB .....	Mr S Pereira	07768 388163
SUTTON VALENCE MUSIC SOCIETY .....	Mrs A Hutchinson	01622 843325
SUTTON VALENCE TABLE TENNIS CLUB .....	Mr A Collins	01580 892755
SUTTON VALENCE TENNIS CLUB .....	Mrs J Waterman	01622 768654
SUTTON VALENCE WOMENS INSTITUTE .....	Mrs R Easton	01622 842034
THE SUTTONS BEAVER SCOUTS .....	Mrs C Hampson	01622 862894
THE SUTTONS BROWNIES .....	Mrs S Smith	01622 730680
THE SUTTONS CUB PACK .....	Mrs L Waring	01622 843112
THE SUTTONS SCOUT TROOP .....	Mr T Waring	07754 701086
THREE SUTTONS DARBY & JOAN CLUB .....	Mrs M Mackleden	01622 861783
WARMLAKE SHORT MAT BOWLS .....	Mrs B French	01622 843560
WEALD OF KENT PRESERVATION SOCIETY .....	Mrs M Jones	01622 890119
SUTTON STROLLERS .....	Mr C Webb	01622 842629



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'support bubble' all on their own.



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# AROUND THE SUTTONS - LOCAL TELEPHONE DIRECTORY

## BOROUGH COUNCILLORS

Sutton Valence	Cllr. Wendy Young	01622 842917
Chart Sutton	Cllr. Steve Munford	01622 741310
East Sutton	Cllr. Martin Round	01622 890276
	Cllr. Karen Chappell-Tay	079186 75619

## CLERKS TO THE PARISH COUNCILS

Chart Sutton	Mrs T. Jenkins	01622 745043
East Sutton	Mrs J. Burnett east Sutton parish council@gmail.com	01622 844135
Sutton Valence	Mrs J. Burnett clerk@suttonvalence.org.uk	01622 844135

## DOCTORS

Cobtree Medical Practice		01622 843800
Langley Surgery		01622 863030
Sutton Valence Surgery		01622 842212
On Call Care : 0845 1552255	NHS Direct : 0845 4647	
Maidstone Hospital		01622 729000

## POLICE COMMUNITY SUPPORT OFFICERS

101

## THREE SUTTONS HELPLINE

M.844301

M.842530

01622 842346

## NEIGHBOURHOOD WATCH

Support Line

01622 604396

## SCHOOLS

Sutton Valence School	Head: Mr B Grindlay	01622 845200
Sutton Valence Preparatory School	Head: Miss C Corkran	01622 842117
Sutton Valence Primary School	Head: Miss M Terry	01622 842188
Sutton Valence Pre-School	Mrs F Davidson	01622 842388

## KENT MESSENGER REPRESENTATIVES

Sutton Valence - Mrs J Burnett	clerk@suttonvalence.org.uk	01622 844135
Chart Sutton - Mrs V Underdown	valerie95@outlook.com	01622 843232

## VILLAGE HALL HIRE BOOKINGS

East Sutton Filmer Hall	Mrs J Coyle	07703 815215
Chart Sutton	Annegret Fidock (csvillagehall@hotmail.com)	01622 844741
Sutton Valence	Mrs J Burnett (svvhbookings@gmail.com)	01622 842024
Youth Centre (behind St Mary's Church)	Graham Haskett (temporary arrangement)	01622 891804

## HEADCORN AND THE SUTTONS

[www.handschurches.org](http://www.handschurches.org)

## SUTTON VALENCE VILLAGE WEBSITE

[www.suttonvalencepc.kentparishes.gov.uk](http://www.suttonvalencepc.kentparishes.gov.uk)

## EAST SUTTON PARISH COUNCIL WEBSITE

[www.eastsuttonpc.kentparishes.gov.uk](http://www.eastsuttonpc.kentparishes.gov.uk)

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